

Warm greetings to you in the name of our **BLESSED LORD, JESUS CHRIST**. It is my prayer during these challenging days that it is **WELL WITH YOUR SOUL**. We must **PRESS ON** for **HIS GLORY** & resist the wicked currents & godless tides of our day.

Hope you had a blessed Valentines' Day. February was another excellent & busy month. There were 15 services, over 400 prayed the Salvation Prayer. The **HOLY SPIRIT** moved in the services. (John 6:44). Time is fleeting! (Job. 7:6A). It is **TIME** to go out & reap the harvest (Rev. 14:15).

I was blessed to come to Portland, OR & stay with Daughter Lea & family in Tualatin. I had a great time with them. Ali Mae (7) & Ryan (5) & I had a blast. Also, received some calls from L.A. for prayer & counseling. I always encourage them that when you are hurting, reach out for prayer. **PRAYER INVADES** the **IMPOSSIBLE!**

Last year was the worst year in all the years of my ministry. The devil did damage to multitudes. So many struck down mentally, emotionally & physically. **TOO MANY!** We must encourage them & pray. I know that sudden devastation in my past, many years ago, turned out to be the beginning of a reconstruction period & project. Behind the human pain of calamity (Ps. 57:1) is the **FAITHFUL** presence of **GOD**.

It is doubtful that **GOD** could have ever used me in ministry or blessed me greatly until **HE** allowed me to be deeply hurt (Romans 8:28). Brokenness is necessary for a servant & vessel of **GOD**. In 1 Peter, suffering leads to glory.

My 2 Bible Studies of 2 hours, had 30-36 each study where **GOD'S WORD** is magnified. The Fred Jordan Mission services are always a blessing. Again, **GOD'S WORD** is what ministers to those on Skid Row. The Missions are packed.

While in Oregon & Washington, I had a great service at Larch Mtn. Prison with a **REVIVAL** harvest of 60 plus. So many new faces. Everyone prayed the Salvation Prayer. On Sunday, I was blessed to be a guest speaker at the River Church for Pastor Joshua Alvarez, an anointed & powerful Man of **GOD**. What a wonderful church. Brother Milton Alvarez goes all over the world evangelizing. He is amazing.

My twice-a-month Omega Man Internet programs were powerful. Spiritual warfare is real & you **CANNOT** take it lightly. L.A. Co. Jail had very large harvest of souls. One service had 57 inmates that I had never met before that service. **EVERYONE** prayed the Salvation Prayer. **REVIVAL**.

This months' testimony is excellent. Katherine Norland published a book, *Poetic Prescriptions for Eternal Youth*, that you can buy on Amazon. If

you had been bullied, told you were ugly, far from perfect, etc. Buy it. I have given many out. A great tool for healing wounds.

At each service, I encouraged the inmates to seek **GOD'S will, which is knowable**. It's important that we separate **OUR** desires from the **WILL OF GOD**. Ps. 32:8 is important; **GOD'S WILL** is doable (Ps. 143:10). **GOD'S WILL** is **HOLY SPIRIT** led & is revealed in **GOD'S WORD** (John 5:30). It is crucial to discover again the anchoring strength of **GOD'S ETERNAL WORD**. Our **LORD & SAVIOR JESUS** is called the **WORD** of **GOD** (Rev. 19:13) & **LORD** of **LORDS** & **KING** of **KINGS** (Rev. 19:16). Is **KING JESUS LORD** of your life? If not, why **NOT?** (II Cor. 6:2).

Being rooted in the **TRUTH** that teaches us, our **FATHER GOD** does NOT plan pain for us, but **HE** always has a plan to handle it when we face its shock or suffering. **GOD** can remove every obstacle that prevents us experiencing **HIS WILL** for us (Luke 1:37; Jer. 32:17 & 27). Mankind's obstacles & trials are opportunities for **GOD** to move in our lives. It's **YOUR WILL** be done; **NOT** my will (Matt. 6:10).

Our **LORD JESUS HIMSELF** said in Luke 22:42, at the Mount of Olives, "Nevertheless, **NOT MY** will be done, but **YOUR WILL FATHER.**" Our **LORD** also said in Hebrews 10:9, "I have come to do **YOUR WILL O'GOD.**"

We are **ALL** here to serve, **NOT** to be served (Matt. 20:28 & Mk. 10:45). That is GOD'S will. It is a mission & a call on our life that is revealed in **GOD'S WORD**. I John 2:17 says, "The world is passing & the last of it — he who does the will of **GOD** abides **FOREVER.**"

Maybe the adversities or afflictions (Ps. 34:19) you are experiencing are overwhelming, but **GOD'S POWER** reaches its peak when we are at the lowest point in adversity. Remember, adversity is not a choice. However, when we are in our lowest valley of pain, suffering & helplessness, it puts all our attention on **GOD**. That is how it happened with me & **GOD** called me to be **HIS** soul-dier/servant after years of suffering.

Hopefully, brokenness should lead to — "**LORD**, what will **YOU** have me do? What is **YOUR** will for me? What can I learn from this?" The valleys are the **ONLY** way to higher ground. **TRUST** the **LORD** who leads us thru each valley, no matter how deep or long.

There will be trials, troubles, & tribulations but the **LORD** says, "I will be with you (Matt. 28:20). **I AM IN CONTROL!**" Don't give up, keep on praying (Luke 18:1). Seek & do **HIS** will.

Until next month, **LORD** bless you, & to you who sent a love offering, a 100-fold return.

In His Majesty's Service,

Dear Friend,

If the Lord leads you to send a love offering for my Skid Row and Prison Ministry, please send it to:

Heavenly Manna Inc.
8942 Willis Ave. Unit 9, Panorama City, CA 91402

My tax I.D. number for your records is 93-1112647.
May God abundantly bless you.

In His love,
Mel

TESTIMONY OF KATHERINE

As a teen and young woman, I had such an unhealthy self-esteem and view of myself that I could literally bring myself to tears just by looking in the mirror. I believed I was hideous, disgusting, and not worth the dirt that I was made out of. I compared myself to models on magazine covers which made me feel worse. With all my flaws, I knew I didn't have what it took or the body I needed to do what I loved and follow my dreams of becoming an actress. And then, the negative comments I got from entertainment industry professionals about my looks at auditions seemed to seal that fate.

After many years of verbally abusing myself, and allowing others' remarks to stifle my life, I had had enough. I knew God was the answer. So I started to study what the God who actually created me had to say about His workmanship. I am fearfully and wonderfully made. My grey hair is a crown of glory. Man looks at outward appearance, but God looks at the heart. Beauty is fleeting, but a woman who fears the Lord should be praised. Beauty shouldn't come from outward adornment. The unfading beauty is a gentle and quiet spirit. We were created in God's own image. God formed us from dust and breathed life into us.

And then when I got to II Corinthians 4:7, something hit me, "But we have this treasure in earthen vessels, that the excellency of the power may be of God, and not of us"... Wait, what? We are not these dust buckets we live in? It's just a place where our treasure hides? A place where we and the Holy Spirit reside? Which made me think those of us with the most cracks in our jars of clay can often be a better testament to the power and greatness of God because He can shine through all of those cracks. Perhaps people can see God even better in broken and imperfect people, because they're not distracted by our perfect symmetry.

Letting the truth of God's word pervade my thoughts gave me the only make over I needed. I had to transform my mind to the mind of Christ and know that with God nothing was impossible for me and that God would give me the desires of my heart no matter what I looked like on the outside. Since then, I've been able to live a life that I love and follow my dreams of acting, making films and writing without my sabotaging self-talk holding me back any longer.

The valuable lessons I learned on how to see myself and love myself the way God sees me and loves me are now found in the book I wrote, *Poetic Prescriptions for Eternal Youth: Examining Earthly Beauty from a Heavenly Perspective*. Mel wanted me to let you know where to get the book if you, or anyone you know, struggles with self-worth or accepting themselves for who they are, or their looks and their calling. You can pick up a copy on Amazon or PoeticPrescriptions.com. God bless you all. Remember, He loves you just as you are.