

Greetings in the Blessed & Mighty name of our **LORD** and **SAVIOR JESUS CHRIST**. It is the awesome birthday **CELEBRATION** of the **LORD** of **GLORY**. **MERRY CHRISTmas** to you all. In my heart, **CHRISTmas** is about **SAVING**, not just giving gifts.

In **HUMILITY & LOVE** for us **ALL**, **JESUS CHRIST** came down to earth knowing **HE** was born to utter the three words that would forever change the course of human history, "**IT IS FINISHED!**" Even though I can't be with my family & relatives, I love this time of year. I like to focus on the praising **HIM** for all the following blessings:

1. **JESUS** came for sinners like me (Matt, 1:21).
2. The **HOLY SPIRIT'S** power knows no human limits (Luke 1:35).
3. **GOD** always keeps **HIS** promises (Luke 1:31, 32; II Cor. 1:20).
4. Obedience to **GOD'S** Word brings **GRACE** with it (I Samuel 15:22).
5. Trials, troubles & tribulations of our lives are **NO** obstacle to **GOD'S** plan. (Jeremiah 29:11-13; Luke 1:37; Jeremiah 32:17 & 27; Romans 2:11; Luke 2:1-5).

JESUS is the ultimate gift!!! We cannot separate **CHRISTmas** from **CHRIST'S** resurrection. You may think of the resurrection as an Easter message, but the birth of the child in the manger cannot be separated from **JESUS** on the cross.

CHRIST was born into a world of darkness & unbelief — like today. We live in a fallen world & evil lurks everywhere. In Matt. 4:16, the Bible says, "The people which sat in darkness saw great light; & to them which sat in the region & shadow of death, **LIGHT** is sprang up."

This **LIGHT** was eternal life that **JESUS** brought to us **ALL**. Nobody is turned away from the **CROSS** of Calvary (II Peter 3:9; I Tim. 2:4). **REPENT** & be **SAVED**. Listen to what Hosea prophesied of the coming Messiah in Hosea 13:14). "I will ransom them from the power of the grave. I will redeem them from death; O death, I will be your plagues; O grave, I will be your destruction." I say **P.T.L.** & amen!

When **JESUS** came, He fulfilled this prophecy saying, "I am the resurrection & the life; he that believes in **ME**, though he were dead, he shall live; & whosoever lives & believes in **ME** shall never die (John 11:25-26). **JESUS** gave up a **CROWN** of **GLORY** for a **CROWN** of **THORNS**. What **LOVE!!!**

My prayer is that your **CHRISTmas** was filled with the presence & power of the **LIVING CHRIST**.

November-December was an extremely busy time of ministry. Even though I used to average 240

services a year with the **HOLY SPIRIT** drawing 4500 to 5000 souls before Skid Row & Prisons were shut down, my ministry now is worldwide on Skype, Zoom & Iphone. It is amazing how **GOD** set everything up.

GOD says, "who will go for **ME**?" (Isa. 6:8) I will **LORD**, but I could **NOT DO** anything without **HIM** (John 15:5). I always say, "**HOLY SPIRIT**, have **YOUR** way." Supernatural strength & Divine energy follow. **GOD** is good! (Nahum 1:7).

As always, on Omegamanradio.com, Shannon Ray Davis had me do two 2-hour shows each month. We have done 180 shows that go to 163 countries. A weekly show on "Truth Be Told Radio Network" called "Stick With **JESUS**" is on every Wednesday 7pm Eastern & 4pm Pacific. Kevin Gallagher named my show because he is a Bruce Lee fan. I played "Stick," the assassin in Game of Death.

Calls for **PRAYER & COUNSELING** were off the charts these two months. I have encouraged so many with calamities (Psalm 57:1). We must **NOT** give up (Luke 18:1), but keep praying & trusting (Proverbs 3:5, 6). Prayer invades the impossible! Prayerlessness is powerlessness!

At **CROSS TV**, I was blessed to do a live show with **PASTOR** Gershom Sikaala that went to 100 countries. It is amazing what **GOD** can do with a person who will go about **HIS BUSINESS** — Winning Souls. I have an alter call in every service on Skype & Zoom.

Had an anointed show for Rhodie Fisher, "On The Rhode With **JESUS**," It was a wonderful time giving **GOD GLORY**. What a blessing! Another show was with Cheryl Thompson on "**GOD** Encounters." The **HOLY SPIRIT** again moved on an **ANOINTED** scripture filled show. **P.T.L.!**

I spent 2 wonderful weeks with Daughter Lea & family. It was a blessed Thanksgiving. I was a guest speaker for Pastor Joshua in "The River Church." It was a powerful night in this **HOLY GHOST** Church. They pray for me **DAILY**.

My twice a month Bible study has 12 to 25 every other Monday for 2 hours.

People that I minister to are wounded, hurting & hungry for **GOD'S WORD** & **HIS** loving mercy. **JESUS** took our infirmities on the **CROSS** (Matt. 8:17), & all sins, shame & guilt — loving us as we are. That's when **FREEDOM & LIBERATION** come (Isa. 9:4). Chains are broken.

Until next year, **GOD** bless you & to you who sent love offerings & 100-fold return. I wish you all an Ephesians 3:20 New Year with love.

In **HIS** Majesty's Service,

Dear Friend,

If the Lord leads you to send a love offering for my Skid Row and Prison Ministry, please send it to:

Heavenly Manna Inc.
8942 Willis Ave. Unit 9, Panorama City, CA 91402

My tax I.D. number for your records is 93-1112647.
May God abundantly bless you.

In His love,
Mel

TESTIMONY OF TRACI

I am a recovered addict, whom suffered from multiple addictions over 2 decades. I am also a suicide and domestic violence survivor and conqueror. Many years of pain, addictions and suffering came to a crashing halt in the early morning of April 1, 2004.

I overdosed on copious amounts of drugs and alcohol after being on a 3-day binge of self-destruction. I was left on the hospital door step unconscious and a faint pulse — later to slip into a flat line. By the grace of God I was given a second chance to live. I spent many weeks in the hospital recovering and rehabilitating my frail and weak body, mind and spirit. I was released back into society after I was well enough to take care of myself. I joined a few recovery programs, went back to church and was put in a drug and alcohol out-patient program for years of counseling, until I graduated and deemed healthy enough to thrive in society again.

I was tortured most of my childhood years and adolescent years by my family life of abuse and an alcoholic parent and multiple step-fathers whom were all addicts and abusers. I slipped into depression and was suicidal for years. I fortunately did not succeed in killing myself. I suffered most of my life with addictions, mental health, eating disorders, depression and body dysmenorrhea. I was a superstar athlete growing up and I hid my pain behind the drugs and alcohol. I wore a fake and phony mask to the works pretending to be so Happy and the life of the party kind of girl. I put myself in many precarious and unsafe positions in life. I hung out with the wrong crowd — drug dealers, gang members and pretty wild loose women.

I have continued to work on myself since April 1, 2004 in many different ways. Fitness, health, body, mind and spirit. I donate my time to multiple charities and organizations wherever I can — including the homeless, domestic violence, bullying, teach self-defense and confidence to females, wounded warriors, autism, Tourette's, child cancers and so on...I own and operate two successful businesses and operate my own non-profit Life Angelz.

I am the proud mother of a 25-year-old happy, successful and educated young man. I repaired the once broken relationship with my boy to a beautiful, loving relationship that we share today. I am a published fitness model, pro athlete, martial artist, actress. I own and produce my own Live Talk show. I am a well-known, respected and established celebrity reporter and media correspondent in Hollywood. I went from a messed up, lost and broken girl from Canada to a well respected business woman in Hollywood in the entertainment business as well as the health and wellness industry at the top of my game.

I met Mel Novak who gave me his Warfare Arsenal Prayer that I pray daily. Mel led me in prayer to rededicate my life to the Lord. The best part of my life is that I am happy and I have Self Love. I no longer seek validation or acceptance from people, places and things to try and fill me up and make me whole again. I now live life with Grace, Passion, Love, Joy and Tenacity. I have been reborn and today I live in Gratitude and a full heart. With the Lord, **I AM ENOUGH.**